

SEAN NELSON PHOTOGRAPHY

I'm very excited to capture great images with you! It is normal to feel a little nervous if this is your first photoshoot. To help ease your nerves, below I compiled a list of questions and answers I think will help you prepare for our shoot!



Q. This is my first shoot, what should I expect?

A. I will guide you through the entire process with you so you feel comfortable and proud of your hard work. I usually bring portable speakers for music and a cable band to help you get your pump on for the shoot. If this is your first photoshoot, terrific. I will be excited to help you find your way!

Q. I'm new to posing, any tips?

A. Of course! The best ways to practice is to pose in the mirror. Practice poses you see online. FYI, I love to show you poses myself during the shoot.

Q. What outfits should I bring?

A. The best way to find out is to ask me! Location is a factor on what to bring as well. The best inspiration for ideas is to go on my instagram: *SeanNelsonPhoto* and see what my models are wearing. If we shoot on a beach, bikinis would be a great option for example. Overall outfits that help show off your physique is what I typically suggest. With any outfits, please make sure tags are not visible, so make sure they are cut off before the shoot if they tend to stick out.

Q. Should I have a makeup artist/hair stylist or should I do it myself?

A. I recommend you do but it isn't a must. I think it helps to have one less thing to worry about before a shoot. If you need help finding one, I can try to suggest a few. There is a package add-on where I will book the makeup artist for you so you have one less thing to stress about.

Q. Anything I should tell the Makeup Artist/Hair Stylist?

A. Sure! I prefer not having over the top fake eyelashes! I am more a fan of the natural look. Ultimately that is up to you! Ask the MUA to use makeup that is waterproof. Don't let them use anything that has SPF in it, that will impact how my lights will make you look. If they use any kind of powder, have them use colored vs. white for the same reason. Ask your hairstylist to use soft hold hairspray.

Q. Anything I can do before the shoot to look my best?

A. Tons! Trying on outfits is a good start. Shaving/waxing a few days beforehand will prevent any skin irritations during the shoot. Grooming your nails is another big one. A biggie if your skin is very fair is to get a tan. Tans are almost always better than none. Please wash your hair the day before or the day of the shoot.

Q. Should I bring food & water?

A. Of coarse! Fitness shoots are very exhausting. Flexing and squeezing for every shot can hit you hard.

Q. I have sensitive eyes, is that ok when we shoot in the sun?

A. I have sensitive eyes too! Looking at the sun is one of the most difficult things to do. If you foresee the sun being an issue, a couple ideas would be to bring a hat and/or sunglasses that would fit your looks.

Q. What if it's windy or raining?

A. I try to check the forecast beforehand. If I see circumstances being extreme like heavy rain I will try to reschedule if I don't have an indoor location. Sometimes wind is unpredictable so my tip is if it's windy, please bring a hair tie. The wind will destroy your styled hair within minutes!

Q. Does my time changing looks count against my shoot time?

A. Yes. That is one reason why I limit you to two looks for an hour. If you want to really maximize your time, please have your looks organize and have your first look already on when arriving.

Q. Where are we going to shoot?

A. I will let you know! Sometimes when traveling I won't have a firm idea on location until the day before.

Q. Can I bring friends or my significant other?

A. Of coarse! Matter of fact I prefer that. It's nice to have someone watch my stuff and be able to put them to work!



Q. Do you mind if I bring alcohol to the shoot?

A. If you are of age, sure why not! I find it a great way to get newer models to relax more thus helping create greater images.

Q. I don't have a car, will you provide transportation?

A. It depends on my schedule but I try to at least take you to/from the location. Sometimes I have back to back shoots so I suggest you have the rideshare apps Uber/Lyft downloaded on your phone to use if I am not able to.

Q. Should I get to the shoot early?

A. I always suggest getting there 15 minutes early, I also suggest routing the trip with google/apple maps ahead of time to see how long it will take with traffic.

Q. How can I view the pictures after the shoot?

A. I try to have the photos up online for you to login and look at within 72 Hours. Once you select the edited photos on my site, please give me a week from when you selected the images to have the edits delivered to you.

Q. I would like additional pictures, is that possible?

A. Of course! I offer additional edits and un-edits for a cost.
<http://sean-nelson.com/prices>

Q. I'd love to shoot at different locations for our shoot, is that possible?

A. It would depend on my schedule but sure! Your shoot time begins when we start shooting and the traveling between locations would count against it.

Q. Can we shoot somewhere that might take an hour to drive to?

A. It depends from situation to situation. Depending on the package and travel time an additional travel fee may be added.

Q. Can the photos be posted on social media?

A. Yes! I would love you forever if you give me any kind of credit when posting on social media. If used for any kind of business marketing outside of personal use, my permission is required ahead of time.

Q. How do you accept payment?

A. I'd collect by the end of the shoot. Preferably cash. The retainer can be done by venmo or paypal or cash.

Q. Can you make my butt bigger in photoshop?

A. I try to not overdo editing. I make minor adjustments to improve the image but I do not want you to expect me to create something that isn't already there.



Q. Can I have the entire background of the one photo replaced with something of my choosing?

A. This can be done for an additional cost depending on the situation.

Q. I have to last minute cancel, will I get my retainer back?

A. If we can't reschedule, then it would be forfeited in most cases. If I can get your time slot filled, I certainly will allow the retainer count towards a future shoot. The purpose of the retainer is to protect myself and my time. Imagine me flying to another city to have every shoot cancel. If I refunded every retainer, then the work trip would cost me.

Q. If I wanted to extend our shoot the time we shoot, is that possible?

A. It depends on my schedule after you. If there is time of course you can!

Q. What if we get kicked out of our shooting location or the location is no longer available?

A. I will try my best to find a different location within our time constraints. Situations such as this rarely happens.

I hope these questions help! If you have any additional questions, please give me a call or text: 267-808-7040 or email me: Sean@Sean-Nelson.com. I look forward to the beginning of our collaboration!

Thanks,

Sean Nelson

<http://Sean-Nelson.com>